1:Murphy and Quain E-4,5 (1938) 1955
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it before it rots. The Trumaí worked hard at this, and Quain heard the sounds of women boiling and stirring the *ke'jau* far into the night. Some of the *ke'jau* was placed in gourds for immediate use. It was mixed with water, making a rich yellow drink, and was frequently stirred into the manioc gruel, or *a...ek*. *Ke'jau* was considered an excellent food for canoe trips, and was carried by fishermen and travelers.

The *piquí* fruit when roasted whole "tastes like egg yolk, or, vaguely, like deviled eggs," Quain wrote. In addition to cooking the pulp of the fruit, the kernel of the *piquí* pit was used. It was sometimes eaten raw, but usually it was cooked. The kernel has a fragrant, coconut-like flavor. A pudding was made by boiling down *piquí* kernels to the consistency of paste and, to Quain, the flavor was much like that of the caramelized coconut sauce prepared in Fiji. Another preparation called *t'ak*, which resembled *beijú*, was made from a flour prepared from *piquí* kernels. Fish and various other foods were piled on top of the *t'ak* and eaten with it, or pieces of the cake were broken off and eaten plain.

Maize, beans, and squash were grown in the Trumaí gardens, but due to the season none of these was eaten during Quain's stay. While making house inventories he saw small amounts of maize and beans stored in gourds sealed with tree gum, undoubtedly to be used as seed. Two varieties of maize were eaten. The more common type was called *xotet*; the other was a red species known as *hy kapsik*.

Pineapples and bananas did not figure importantly in the diet. Although the Trumaí grew sugar cane (*kanaviya*), there is no information on its use. Sweet potatoes were roasted by the men, but were probably prepared in other ways also. A paste was made from cotton seeds by pounding them in a mortar and then boiling the mashed seeds. The paste was kept in a gourd and eaten by scooping it up with the fingers.

Quain's notes contain little on the preparation of wild foods other than *piquí* fruit. Guava were eaten raw, but there is no information on how the various kinds of palm fruits were prepared.

The abdomen of a large ant called *xokotdomat'ek* was considered a delicacy, and flying ants were popped into the mouth like peanuts. A tremendous green grasshopper with long horns (*tawarero*) was roasted and eaten. A small red tick (*tekwu*) was also consumed, but a fuzzy caterpillar known as the *ma'yryr* was looked upon with revulsion. The Trumaí claimed contemptuously that only the Suyá ate them.

It would appear that the Trumaí seldom drank plain water. Instead, beverages such as the manioc or *piquí* drinks were used. A gourdful of one of these drinks was usually available in the houses, and a supply was taken on canoe trips. No intoxicating beverages were made, but Quain was told by a former captive of the Yuruna that the Yuruna brew "kills you for a day or two, and they stay up all night shouting and singing." The informant did not approve of its taste or effects.